

SYLLABUS

REGARDING THE QUALIFICATION CYCLE FROM 2020- 2026

1.1. BASIC COURSE/MODULE INFORMATION

Course/Module title	Psychiatry
Course/Module code *	Ps/E
Faculty (name of the unit offering the field of study)	College of Medical Sciences, University of Rzeszow
Name of the unit running the course	Department of Psychiatry
Field of study	Medicine
Qualification level	Uniform master's degree
Profile	Practical
Study mode	Stationary/extramural
Year and semester of studies	V and VI Year, Semester: 9, 10 and 11
Course type	Obligatory
Language of instruction	English
Coordinator	
Course instructor	

* - as agreed at the Faculty of Medicine

1.2. Learning format – number of hours and ECTS credits

Semester (№)	Lectures	Classes	Convers.	Lab classes	Seminars	Practical classes	Internships	Others	ECTS credits
9	15	10	-	-	15	-	-	-	2
10	15	10	-	-	-	-	-	-	1
11	-	50	-	-	10	-	-	-	4

1.3. Course delivery methods

- x conducted in a traditional way
- x involving distance education methods and techniques

1.4. Course/Module assessment (exam, pass with a grade, pass without a grade)

2. PREREQUISITES

Knowledge of anatomy and physiology, in particular of the central nervous system. Knowledge of the most important issues in the field of psychology and interpersonal communication. The

ability to somatically assess (conduct a physical examination) of a patient. Knowledge of medical confidentiality and the Medical Profession Acts.

3. OBJECTIVES, LEARNING OUTCOMES, COURSE CONTENT, AND INSTRUCTIONAL METHODS

3.1. Course/Module objectives

C1	The general aim of learning is to gain knowledge about mental disorders.
C2	Acquisition of the ability to establish empathic contact with a patient with mental disorders.
C3	The ability to properly conduct an interview and assess the patient's mental state in order to initiate appropriate treatment, further diagnostics and decide on the degree of urgency of treatment.
C4	Developing the ability to recognize and treat patients with mental disorders, as well as the ability to refer the patient to the appropriate psychiatric health care units.
C5	Developing practical skills to apply the provisions of the Mental Health Protection Act.

3.2 COURSE/MODULE LEARNING OUTCOMES

Learning Outcome	The description of the learning outcome defined for the course/module	Relation to the degree programme outcomes
LO_01	knows the issues of the abused child and sexual abuse, intellectual disability (ID) and behavioural disorders, psychoses, addictions, eating disorders and feeding disorders in children.	E.W4
LO_02	learns the basic concepts of the pathogenesis of mental disorders.	E.W15
LO_03	masters the general symptomatology of mental disorders and the principles of their classification according to the main classification systems.	E.W16
LO_04	Knows the symptoms, principles of diagnosis and treatment in the most common mental disorders, including: <ol style="list-style-type: none"> 1) Schizophrenia and other primary psychotic disorders. 2) Mood disorders. 3) Anxiety or fear-related disorders. 	E.W17

	<ul style="list-style-type: none"> 4) Obsessive-compulsive or related disorders. 5) Disorders specifically associated with stress. 6) Feeding and eating disorders. 7) Disorders due to substance use or addictive behaviours. 8) Personality disorders and related traits. 9) Sleep-wake disorders. 	
LO_05	knows the principles of diagnostics and emergency procedures in psychiatry, including the issue of suicide.	E.W18
LO_06	masters the specificity of mental disorders and their treatment in children, adolescents and in old age.	E.W19
LO_07	learns about the symptoms of mental disorders in the course of somatic diseases, their impact on the course of the underlying disease and prognosis, and the principles of their treatment.	E.W20
LO_08	masters knowledge about human sexuality and basic disorders related to it.	E.W21
LO_09	becomes acquainted with the provisions on the protection of mental health, with particular emphasis on the rules of admission to a psychiatric hospital.	E.W22
LO_10	knows how to conduct a medical interview with an adult patient or legal guardians of minor patient.	E.U1
LO_11	knows how to conduct a psychiatric examination.	E.U5
LO_12	is able to conduct an examination of hearing and visual field with an otoscope.	E.U6
LO_13	assesses and describes the somatic and mental state of the patient.	E.U13
LO_14	knows how to fill and keep the patient's medical records.	E.U38

LO_15	establishes and maintains deep and respectful contact with the patient, as well as shows understanding for cultural and ideological differences.	K.01
LO_16	is guided by the best interests of the patient.	K.02
LO_17	respects medical confidentiality and patient rights.	K.03
LO_18	takes actions based on ethical principles, with awareness of social conditions and limitations resulting from the mental disorders and diseases of a patient.	K.04

3.3 Course content

A. Lectures

Content outline
History and development of psychiatry. General and specific psychopathology.
Classifications of mental disorders (ICD and DSM).
Schizophrenia and other psychotic disorders.
Mood disorders.
Anxiety or fear-related disorders.
Obsessive-compulsive or related disorders.
Feeding and eating disorders.
Disorders specifically associated with stress.
Personality disorders and related traits.
Neurodevelopmental disorders including intellectual disabilities.
Substance-related and addictive disorders.
Pharmacological and non-pharmacological methods of treating mental disorders.

B. Practical classes

Content outline – 5th year
Psychiatric examination methodology.
General and specific psychopathology.
Elderly psychiatry.
Child and adolescent psychiatry.
Schizophrenia and other psychotic disorders.
Mood disorders.
Anxiety or fear-related disorders.
Personality disorders.
Substance-related and addictive disorders.

Behavioral disorders related to physiological disorders and physical factors.
The most common mental disorders in somatic diseases.
Emergencies in psychiatry.
Pharmacological and non-pharmacological methods of treating mental disorders.

Content outline – 6th year
Conducting a medical interview, physical examination, differential diagnosis.
Interpretation of laboratory tests.
Assessment of a patient's condition.
Keeping medical records.
Performing procedures and medical treatments.
Taking preventive and therapeutic actions in a life-threatening situations.
Planning diagnostic, preventive and therapeutic procedures, consultations with other specialists.

C. Seminars

Content outline – 5th year
Psychiatric examination and interview (child, adolescent and adult patients).
General and detailed psychopathology, classifications of mental disorders (ICD and DSM).
Regulations in psychiatric healthcare in Poland including Mental Health Protection Act.
Emergencies in psychiatry and consultative psychiatry.
Substance-related and addictive disorders.
Introduction to child and adolescent psychiatry.
The role of a psychologist in the diagnosis of psychiatric disorders.
Psychotherapy.

Content outline – 6th year
A. Repetition of the most important theoretical issues in the field of psychiatry.
B. Solving and analysing the test questions from previous editions of the Medical Final Exam.

3.4 Methods of Instruction

Lecture: a lecture supported by a multimedia presentation/a problem-solving lecture with discussion/after approval accepted the form of distance learning lecture with a multimedia presentation, including the use of Microsoft Office 365, transfer of in-depth scientific knowledge in the field of psychiatry.

Classes: text analysis and discussion/project work (research project, implementation project, practical project)/ group work (problem solving, case study, discussion)/didactic games/ distance learning.

Seminars: a lecture supported by a multimedia presentation/a problem-solving lecture with discussion/workshops/group work (problem solving, presenting a case study, discussion).

Student's own work: work with the patient and teaching materials, self-education with the textbooks and peer-reviewed articles.

4. ASSESMENT TECHNIQUES AND CRITERIA

4.1 Methods of evaluating learning outcomes

Learning outcome	Methods of assessment of learning outcomes (e.g. test, oral exam, written exam, project, report, observation during classes)	Learning format (lectures, seminars, classes)
LO-01- LO_09	WRITTEN TEST, PRESENTING A CASE STUDY DURING A GROUP WORK	LECTURES, SEMINARS
LO-09-LO_18	PRACTICAL EVALUATION (E.G.; OBSERVATION DURING CLASSES, TEST)	CLASSES

4.2 Course assessment criteria

All the information regarding the rules of conducting classes and participation in them are in the Regulations of clinical classes, which each student is required to read before starting the classes.

The conditions for passing the course in 5th year are:

- A.** Mandatory attendance in all lectures, seminars and classes.
- B.** Demonstrating knowledge and skills at least at the level of 60% in the scope of the material applicable in accordance with the program (see the course content).

Detailed evaluation criteria:

Lectures:

- 1) full and active participation
- 2) passing exercises and seminars

Rating range: 2.0 - 5.0

Seminars:

- 1) full and active participation
- 2) partial credit: passing partial written test (single-choice test, 15 questions) or a case study during a group work

Rating range: 2.0 - 5.0

CLASSES:

- 1) full and active participation
- 2) partial credit (oral or written)

Rating range: 2.0 - 5.0

Evaluation criteria:

- 5.0 - has knowledge of the education content at the level of 93% -100%
- 4.5 - has knowledge of the content of education at the level of 85% -92%
- 4.0 - has knowledge of the content of education at the level of 77% -84%
- 3.5 - has knowledge of the content of education at the level of 69% -76%
- 3.0 - has knowledge of the content of education at the level of 60% -68%
- 2.0 - has knowledge of the educational content below 60%

The conditions for passing the course in 6th year are:

- 1) Obligatory presence and active participation in all classes.
- 2) Passing the procedures assigned to the subject in the Practical Clinical Teaching Student Record.
- 3) **Written exam** in the field of knowledge covered in all teaching semesters:

Multiple choice test - minimum 30 questions.

Evaluation criteria:

- 5.0 - has knowledge of the education content at the level of 93% -100%
- 4.5 - has knowledge of the content of education at the level of 85% -92%
- 4.0 - has knowledge of the content of education at the level of 77% -84%
- 3.5 - has knowledge of the content of education at the level of 69% -76%
- 3.0 - has knowledge of the content of education at the level of 60% -68%
- 2.0 - has knowledge of the educational content below 60%

- 4) Passing a practical test as the requirement for taking the theoretical exam:

A student independently performs a full psychiatric examination of a selected patient.

The condition for passing is the correct performing of the interview, creating the correct the medical records based on the notes, the assessment of the mental health condition, presentation of the differential diagnosis, proposing adequate additional tests and treatment.

Seminars - credit with a grade:

- active participation in classes
- passing the final test (single choice test, 15 questions)

Evaluation criteria:

- 5.0 - has knowledge of the education content at the level of 93% -100%

- 4.5 - has knowledge of the content of education at the level of 85% -92%
- 4.0 - has knowledge of the content of education at the level of 77% -84%
- 3.5 - has knowledge of the content of education at the level of 69% -76%
- 3.0 - has knowledge of the content of education at the level of 60% -68%
- 2.0 - has knowledge of the educational content below 60%

Evaluation criteria for a practical test:

- 5.0 - the student actively participates in classes, is well prepared, knows the symptoms, principles of diagnosis and treatment of the most common mental illnesses very well, and correctly assesses and describes the somatic and mental state of the patient;
- 4.5 - the student actively participates in classes, knows the symptoms, principles of diagnosis and treatment in the most common mental illnesses, usually correctly assesses and describes the somatic and mental state of the patient;
- 4.0 - the student actively participates in classes, is corrected, knows the symptoms, principles of diagnosis and treatment in the most common mental illnesses, assesses and describes the somatic and mental state of the patient;
- 3.5 - the student participates in classes, his/her scope of preparation does not allow for a comprehensive presentation of the discussed problem, he/she knows the symptoms, principles of diagnosis and treatment in the most common mental illnesses at a sufficient level, usually correctly assesses and describes the somatic and mental state of the patient;
- 3.0 - the student participates in classes, knows the symptoms, principles of diagnosis and therapeutic procedures in the most common mental illnesses at a sufficient level, assesses and describes the somatic and mental state of the patient, but often makes mistakes and must be corrected;
- 2.0 - the student passively participates in classes, statements are factually incorrect, does not know the symptoms, principles of diagnosis and treatment in the most common mental illnesses, incorrectly assesses and describes the somatic and mental state of the patient, often makes mistakes.

Assessment of social competences of a student:

- a. continuous assessment by the teacher (observation),
- b. discussion during a class,
- c. opinions of patients and colleagues.

5. Total student workload needed to achieve the intended learning outcomes – number of hours and ECTS credits

5th year

Activity	Number of hours
Scheduled course contact hours	65
Other contact hours involving the teacher (consultation hours, participation in conferences, congresses, writing the scientific articles, tests, examination etc.)	10
Non-contact hours - student's own work (preparation for classes or examination, projects, etc.)	15
Total number of hours	90
Total number of ECTS credits	3

6th year

Activity	Number of hours
Scheduled course contact hours	60
Other contact hours involving the teacher (consultation hours, examination etc.)	2
Non-contact hours - student's own work (preparation for classes or examination, written project, etc.)	58
Total number of hours	120
Total number of ECTS credits	4

6. Internships related to the course/module

Number of hours	-
Internship regulations and procedures	-

7. Instructional materials

Compulsory literature:

1. Cutler, JL. Psychiatry. Third Edition. Oxford University Press, New York, 2014
2. Basant P, Hall A, Roger H. Revision Notes in Psychiatry. CRC Press, 2014
3. American Psychiatric Association: Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition. Arlington, VA, American Psychiatric Association, 2013.
- 4.

Complementary literature:

1. Yager J. & Powers PS. Clinical Manual of Eating Disorders. Arlington, VA, American Psychiatric Publishing, Inc.2007.
2. White SW, Maddox B, Mazefsky CA. The Oxford Handbook of Autism and Co-occurring Psychiatric Conditions.Oxford University Press 2020.
- 3.

Approved by the Head of the Department or an authorised person