

Learning from good and bad advice

Nicole Wilson, *Lessons from a lifetime of bad advice*, Ted Talks, [dostęp 08 marzec 2024 r.], dostępny w Internecie: https://www.ted.com/talks/nicole_wilson_lessons_from_a_lifetime_of_bad_advice

I Warm-up discussion. Talk in pairs or small groups.

1. What decision (big or small) have you taken up recently?
2. Who do you take advice from?
3. Do you believe in trusting yourself when making decisions?
4. Can you recall a time when you had to make a decision without consulting anyone else?

II Match the words with their Polish translation.

- | | |
|--------------------------|-------------------------------|
| 1. addition | a) przyzwyczać się |
| 2. subtraction | b) nieprzytomny |
| 3. larger-than life | c) dodawanie |
| 4. put out fire | d) kwitnąć, rozwijać się |
| 5. grow accustomed | e) niebezpieczeństwo |
| 6. hazard | f) wstrząs mózgu |
| 7. intersection/junction | g) odejmowanie |
| 8. unconscious | h) zgasić ogień |
| 9. concussion | i) ponadprzeciętny, niezwykły |
| 10. thrive | j) skrzyżowanie |

III Watch the video and answer the questions:

1. Why did the speaker's dad tell her "it's better to cheat than repeat"?

- A He wanted the speaker to learn from her mistakes.
- B He believed in taking shortcuts.
- C He thought repeating was a waste of time.
- D He wanted her to win every time.

2. What does the speaker mention about her dad treating all fires the same?

- A He believed there are the same problems.
- B He believed all fires could be put out in the same way.
- C He had a fear of fires.
- D He never dealt with fires himself.

3. How did the speaker's dad deal with the grease fire in the kitchen?

- A He used a fire extinguisher.
- B He called the fire department.
- C He poured water on it.
- D He let it burn out on its own.

4. What did the speaker and her brother develop as a reaction to their dad's bad advice?

- A A three-step plan
- B A fire safety manual
- C They followed it

D A list of emergency contacts

5. What did the speaker eventually learn from her dad?

A How to put out fire

B How to cook

C How to drive

D How to trust herself and ask questions

IV True or False?

1. The speaker's mother was more lenient about stopping at intersections than her dad.
2. The speaker refers to the ability to leverage bad advice as the jujitsu effect.
3. The speaker was knocked out for a few seconds during a soccer/football practice.
4. The speaker's dad immediately took her to the hospital after the soccer incident.
5. The speaker's dad encouraged her to sleep off the effects of the head injury.

V Put the words in the gaps.

a) crucial b) themselves and their abilities c) valuable guardrails d) lessons e) best f) master's programme

1. Learning to trust oneself is the most important _____(1)
2. Taking advice from family, friends, and even strangers is _____(2)
3. Bad advice can still be useful as _____(3)
4. Trusting oneself and being willing to take own advice is _____(4)
5. Often, one's own advice is the _____(5)
6. In 2013, before his unexpected passing, the speaker was studying for a _____(6)
7. The speaker's dad encouraged them to trust _____(7).

VI Choose 2 questions and discuss them in groups of 3-4. Be able to present the results of the discussion to the rest of the class.

1. Have you ever received bad advice that turned out to be helpful in making a decision?
2. How do you feel about the idea of taking your own advice when making important decisions
3. Do you believe in trusting yourself when making decisions?
4. What was the best piece of advice you have received?



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