

UR an international PhD student

Annex 7 - travel and subsistence costs of the Project Participant

Travel and subsistence costs of the Participant of the Project "UR an international PhD student" (No. BPI/STE/2023/1/00001/DEC/01) according to the STER NAWA Programme - Internationalisation of Doctoral Schools

1. Lump-sum travel costs depend on the distance between the place of residence and the host institution in accordance with Table 1. *Travel costs, health insurance, third-party liability insurance, accident insurance, costs of visa or residence legalisation fees.* The allowance is paid to each doctoral student once (1 allowance for 1 trip). The average travel cost for one doctoral student should not exceed the amount of PLN 3 000.00.

Table 1 NAWA - *Travel costs, health insurance, third-party liability, accident and health insurance, costs of visa or residence legalisation fees*

Distance in a straight line between the participant's place of residence and the place of stay (in km) :	Flat rate per person :
under 500	PLN 1 000,00
500 - 999	PLN 2 000,00
1 000 - 2 999	PLN 3 000,00
3 000 - 6 000	PLN 4 000,00
above 6 000	PLN 5 000,00

2. Subsistence costs for accommodation and meals in the amount of PLN 12,000 per month (in the case of travel to OECD countries, as well as cities from non-OECD countries ranked in the top 50 of the MERCER report (3)) or PLN 8,000 per month in the case of other countries (4) per full month of a doctoral student's stay in a foreign host institution lasting from 1 to 10 months. The applicant shall specify in the application the length of stay, stating the number of full months (if applicable). In the case of incomplete months, i.e. 15 days and less, the Applicant shall apply half of the monthly rate specified in Table 2. *Subsistence costs, i.e. PLN 6 000* (in the case of a trip to OECD countries, as well as cities from non-OECD countries ranked in the top 50 of the MERCER report (5)) or PLN 4 000 in the case of other countries (6). If the stay lasts longer than 15 days in a given month, the Applicant shall apply the full monthly rate, as specified in Table 2. *Subsistence costs.* The amount of funds for accommodation and meals for a full month of a doctoral student's stay in a foreign host institution lasting from 1 to 10 months is PLN 12,000 per month (in the case of a trip to OECD countries, as well as cities from non-OECD countries ranked in the top 50 of the MERCER report (7)) or PLN 8,000 per month in the case of other countries (8). The applicant shall specify in the application the length of stay, stating the number of months of stay (if applicable). In the case of incomplete months, i.e. 15 days or less, the Applicant shall apply half of the monthly rate specified in Table 2. *Subsistence costs, i.e. PLN 6,000* (for travel to OECD countries, as well

as cities from non-OECD countries ranked in the top 50 of the MERCER report (9)) or PLN 4,000 for other countries (10). If the stay lasts longer than 15 days in a given month, the Applicant applies the full monthly rate, as specified in Table No. 2. Subsistence costs .

Table 2 NAWA - *Maintenance costs*

Number of days of stay (11)	For departure/arrival to OECD countries, as well as cities from non-OECD countries in the top 50 of the MERCER report (12)	For other countries
15 days or less	PLN 6 000.00	PLN 4 000,00
over 15 days	PLN 12 000.00	PLN 8 000,00

