

**A COURSE SYLLABUS – DOCTORAL SCHOOL  
REGARDING THE QUALIFICATION CYCLE FROM 2021 TO 2025**

<b>GENERAL INFORMATION ABOUT COURSE</b>				
Course title	PhD seminar			
Name of the unit running the course	Doctoral School at University of Rzeszów			
Type of course ( <i>obligatory, optional</i> )	obligatory			
Year and semester of studies	I-IV / I-VIII sem.			
Discipline	Sociological Sciences			
Language of Course	Polish			
Name of Course coordinator	Dr hab. Krystyna Leśniak-Moczuk, prof. UR			
Name of Course lecturer	Dr hab. Krystyna Leśniak-Moczuk, prof. UR			
Prerequisites	Completion of MA studies in the field of social work, research and writing experience in the preparation of papers and scientific articles			
<b>BRIEF DESCRIPTION OF COURSE (100-200 words)</b>				
The aim of the seminar is to prepare the doctoral student for independent research work. The measurable effect of achieving the goal is the preparation of a conceptualization of the doctoral dissertation, selection of theories within which the research topic will be implemented, conducting original research, analysis of research results and writing a doctoral dissertation completed with a defense.				
<b>COURSE LEARNING OUTCOMES AND METHODS OF EVALUATING LEARNING OUTCOMES</b>				
Learning outcome	The description of the learning outcome defined for the course	Relation to the degree programme outcomes (symbol)	Learning Format (Lectures, classes,...)	Method of assessment of learning outcomes (e.g. test, oral exam, written exam, project,...)
<b>Knowledge (no.)</b>				
1	To the extent enabling a revision of the existing paradigms - global achievements, covering theoretical foundations as well as general issues and selected specific issues - appropriate for social policy	P8S-WG/1	Sem.	Papers, articles, chapters
2	Main development trends in scientific or artistic disciplines in which education takes place	P8S-WG/2	Sem.	Papers, articles, chapters
3	Scientific research methodology	P8S-WG/3	Sem.	Papers, articles, chapters
4	Principles of disseminating the results of scientific activity, also in the mode of open access	P8S-WG/4	Sem.	Papers, articles, chapters
5	Basic principles of knowledge transfer to the economic and social sphere as well as commercialization of the	P8S-WK/3	Sem.	Papers, articles, chapters

	results of scientific activity and know-how related to these results			
<b>Skills (no.)</b>				
1	Use knowledge from various fields of science or art for creative identification and innovative solving of complex problems or performing research tasks, in particular: - define the purpose and subject of research, formulate a research hypothesis, - develop methods, techniques and research tools and use them creatively, - make conclusions on the basis of scientific research	P8S-UW/1	Sem.	Conceptualization of the dissertation Conducting original scientific research
2	Perform a critical analysis and evaluation of the results of scientific research, expert activity and other creative works and their contribution to the development of knowledge	P8S-UW/2	Sem.	Analysis of the results of scientific research
3	Transfer the results of scientific activity to the economic and social sphere	P8S-UW/3	Sem.	Contacts with the environment
4	Communicate on specialist topics to a degree enabling active participation in the international scientific environment	P8S-UK/1	Sem.	International conferences
5	Disseminate the results of scientific activity, also in popular forms	P8S-UK/2	Sem.	Journalistic articles
6	Initiate a debate	P8S-UK/3	Sem.	Scientific conferences
7	Participate in the scientific discourse	P8S-UK/4	Sem.	Scientific conferences
8	Plan and implement individual and team research projects, also in an international environment	P8S-UO	Sem.	Research teams
9	Plan and act for your own development as well as inspire and organize the development of other people	P8S-UU/1	Sem.	Research teams
<b>Social competence (no.)</b>				
1	Critical evaluation of the achievements within a given scientific or artistic discipline	P8S-KK/1	Sem.	Discussion. article, chapters of a doctoral dissertation

2	Critical evaluation of one's own contribution to the development of a given scientific or artistic discipline	P8S-KK/2	Sem.	Discussion
3	Recognize the importance of knowledge in solving cognitive and practical problems	P8S-KK/3	Sem.	Discussion
4	Maintaining and developing the ethos of research and creative communities, including: - independently conducting research activities - respecting the principle of public ownership of the results of scientific activity, taking into account the principles of intellectual property protection	P8S-KR	Sem.	Discussion

#### LEARNING FORMAT – NUMBER OF HOURS

Semester (no.)	Lectures	Seminars	Lab classes	Internships	others	ECTS
I-VIII	-		-	-	240	0

#### METHODS OF INSTRUCTION

Presentations  
Presentation of a paper  
Discussion  
Content analysis

#### COURSE CONTENT

##### 1. Lectures/ Seminars:

Parentification of grandparents, i.e. taking over the parental role and functions in families in which parents, for various reasons, do not fulfill these roles or fulfill them insufficiently, or show significant parental insufficiency in relation to their own offspring. The aim of the study is to determine the conditions under which the support provided by grandparents contributes to the improvement of the psychosocial functioning of all family members, especially the child, as well as to determine the consequences of such a phenomenon for grandparents, grandchildren and their parents. An important aspect of the study is to capture the consequences of grandparents when they take over or assume the parental role. These consequences may include:

- personal consequences,
- interpersonal consequences,
- economic consequences,
- consequences in the area of physical and mental health,
- role overload and confusion,
- isolation from peers and grandchildren over whom grandparents do not care for,

The study is also intended to show the activation of the older generation.

The research area will cover the city of Rzeszów. The respondents included in the study are full families and single mother families, who will be compared in terms of parentification of grandparents, and elderly people with parental roles in relation to their grandchildren.

Methodological assumptions:

- qualitative and quantitative method,
- technique: structured in-depth interview, questionnaire and other techniques needed to achieve the assumed research goal.

The subject of the research is important due to the fact that in most European countries, as well as in Poland, the number of one-parent families is increasing and more and more children are brought up in such families. Single parenthood often causes considerable difficulties in providing one's children with appropriate material and emotional conditions. American research shows that children brought up in monoparental families function as well as children raised in complete families. There are no Polish studies and data that show a relationship between the involvement of grandparents in raising a child and the functioning of a monoparental family. Based on the literature on the subject and the available research results on the participation of grandparents in the upbringing of grandchildren, it can be hypothesized that parentification of grandparents is one of the best methods of supporting a monoparental family and it has a protective factor.

### COURSE ASSESSMENT CRITERIA

Preparation of materials and writing papers for conferences - I-VII sem.  
 Participation in scientific conferences with the presentation of a paper - II-VII sem.  
 Development of the conceptualization of the doctoral dissertation - I-II sem.  
 Preparation of research tools for author's empirical research - I-III sem.  
 Writing theoretical chapters - III-V sem.  
 Conducting empirical research on a research sample - V-VI  
 Analysis of the author's research results and verification of hypotheses - VI-VII  
 Submission of the written doctoral dissertation - VIII

### TOTAL PhD STUDENT WORKLOAD REQUIRED TO ACHIEVE THE INTENDED LEARNING OUTCOMES – NUMBER OF HOURS AND ECTS CREDITS

Activity	Number of hours
Scheduled course contact hours	240
Other contact hours involving the teacher (consultation hours, examinations)	40
Non-contact hours – student`s own work (preparation for classes or examinations, project, etc.)	100
<b>Total number of hours</b>	<b>380</b>
<b>Total number of ECTS credits</b>	<b>0</b>

### INSTRUCTIONAL MATERIALS

Compulsory literature:	<p>BAKALARCZYK, R., MARYL-WÓJCIK, M. AND FORYŚ, M. (2021). THE QUALITY OF LIFE OF ELDERLY PEOPLE IN POLAND IN THE FIRST YEAR OF THE COVID-19 PANDEMIC.</p> <p>BARANOWSKA, A., KOŚCIŃSKA, E. AND WASILEWSKA-OSTROWSKA, K. M. (2013). SOCIAL DIMENSION OF LIFE AND ACTIVITY OF THE ELDERLY. TORUŃ: AKAPIT EDUCATIONAL PUBLISHING HOUSE.</p> <p>BŁACHNIO, A., KURYŚ-SZYNCCEL, K., MARTYNOWICZ, E. AND MOLESZTAK, A. (2017). PSYCHOLOGY OF AGING AND GOOD LIVING STRATEGIES. WARSAW: DIFIN SA.</p> <p>BŁĘDOWSKI, P. (2012). FINANCIAL SITUATION OF THE ELDERLY. IN W. A. MOSSAKOWSKA MAŁGORZATA, MEDICAL, PSYCHOLOGICAL, SOCIOLOGICAL AND ECONOMIC ASPECTS OF AGING IN POLAND (P. 405). POZNAŃ: TERMEDIA WYDAWNICTWO MEDYCZNE AND MIBMIK.</p> <p>BŁĘDOWSKI, P. AND SZWEDA-LEWANDOWSKA, Z. (2016). POLICY TOWARDS OLD AGE AND AGING IN</p>
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	<p>POLAND IN 2015-2035. THEORETICAL AND PRACTICAL ASPECTS. WARSAW: INSTITUTE OF LABOR AND SOCIAL AFFAIRS.</p> <p>DUDZIAK., U., CHILD, PROBLEMS AND NEEDS, LUBLIN 2015.</p> <p>KRYŃSKA, E. AND SZUKALSKI, P. (2013). SOLUTIONS SUPPORTING ACTIVE AGING IN SELECTED COUNTRIES OF THE EUROPEAN UNION. FINAL REPORT. ŁÓDŹ: UNIVERSITY OF ŁÓDŹ.</p> <p>KRZYSZTOFIAK, D. (2016). FACES OF OLD AGE IN A LOCAL PERSPECTIVE. KRAKOW: IMPULS.</p> <p>MOŹDŻYŃSKA, M. (2015). GRANDMOTHERS AND GRANDPARENTS AS FOSTER PARENTS. IN M. WNUK-OLENICZ, PROBLEMS AND SCHNSE OF THE DEVELOPMENT OF THE POORER PEOPLE IN POLISH SOCIETY (PAGES 46-62). TORUŃ: ADAM MARSZAŁEK PUBLISHING HOUSE.</p> <p>ZAPĘDOWSKA-KLING, K. (2016). SOCIAL POLICY AGAINST THE AGING OF THE POPULATION IN THE USA AND SWEDEN. CONCLUSIONS FOR POLAND. ŁÓDŹ: PUBLISHING HOUSE OF THE UNIVERSITY OF ŁÓDŹ.</p>
Complementary literature:	<p>FINOGENOW, M. (2019). ATTITUDES TOWARDS OLDER WOMEN AND MEN - GENERATION DIFFERENCES. W E. DUBAS AND M. MUSZYŃSKI, OLD AGE ON THE DIVE OF LIFE (PAGES 45-56). LODZ: PUBLISHING HOUSE OF THE UNIVERSITY OF LODZ.</p> <p>RZELAK-KOSTULSKA, E. (2016). SENIORS IN POLAND IN THE LIGHT OF MODERNIZATION PROCESSES. TORUŃ: SCIENTIFIC PUBLISHING HOUSE OF THE Nicolaus Copernicus University.</p> <p>HALICKI, J. (2006). SOCIAL AGING THEORIES. In M. HALICKA AND J. HALICKI, LEAVING A TRACE ON THE EARTH (PAGES 255-276). BIAŁYSTOK: PUBLISHING HOUSE OF THE UNIVERSITY OF BIAŁYSTOK.</p> <p>JAŹWIŃSKA, E. I KIEŁKOWSKA, M. (2018). SOCIAL CONSEQUENCES OF AGING. IN M. OKULSKI, CHALLENGES OF AN AGING SOCIETY, POLAND TODAY AND TOMORROW (PAGES 132-161). WARSAW: WYDAWNICTWO UNIWERSYTET WARSZAWSKI.</p> <p>KAŁUŻNY, R. (2014). INTERGENERATIONAL LEARNING IN A REFLECTIVE DIALOGUE OF GRANDPARTS AND GRANDSONS. IN M. MUSZYŃSKI, INTERGENERATIONAL LEARNING (PAGES 47-55). LODZ: PUBLISHING HOUSE OF THE UNIVERSITY OF LODZ.</p> <p>WILK, T. I RZYMEŁKA-FRĄCKIEWICZ, A. (2019). LONELINESS OF SENIORS - CATEGORY TAMED AND UNTILTED, ABOUT THE NEED FOR REVITALIZATION OF LIFE-VALUES, RESPONSIBILITY, CULTURE ... IN THE PERSPECTIVE OF THE FILM "TIME TO DIE". PEDAGOGICAL OVERVIEW (PAGES 273-287).</p> <p>WNUK, W. (2015). POTENTIAL OF ELDERLY PEOPLE. In M. WNUK-OLENICZ, PROBLEMS AND OPPORTUNITIES FOR THE DEVELOPMENT OF OLDER PERSONS IN POLISH SOCIETY (PAGES 117-130). TORUŃ: PUBLISHER</p>