

**A COURSE SYLLABUS – DOCTORAL SCHOOL
REGARDING THE QUALIFICATION CYCLE FROM 2022 TO 2026**

GENERAL INFORMATION ABOUT COURSE				
Course title	Public speaking			
Name of the unit running the course	Doctoral School at University of Rzeszów			
Type of course (<i>obligatory, optional</i>)	obligatory			
Year and semester of studies	II/III			
Discipline	Health of Science			
Language of Course	polish			
Name of Course coordinator	Prof. dr hab. Edyta Barnaś			
Name of Course lecturer	Prof. dr hab. Edyta Barnaś			
Prerequisites	Before starting the course, a doctoral school student has the knowledge, skills and competences from the completed level 7 of the Polish Qualification Framework.			
BRIEF DESCRIPTION OF COURSE (100-200 words)				
The aim of the classes is to gain practical knowledge of the principles of preparing, writing and conducting public speeches, including scientific presentations. The classes are aimed at learning how to overcome stage fright and develop a plan/structure for a speech. The exercises are intended to improve the quality of scientific public speaking.				
COURSE LEARNING OUTCOMES AND METHODS OF EVALUATING LEARNING OUTCOMES				
Learning outcome	The description of the learning outcome defined for the course	Relation to the degree programme outcomes (symbol)	Learning Format (Lectures, classes,...)	Method of assessment of learning outcomes (e.g. test, oral exam, written exam, project,...)
Knowledge (no.)	(Knows and understands)			
1	To an extent that makes it possible to revise existing paradigms – global achievements, including theoretical foundations and general issues and selected detailed issues – specific to a given scientific or artistic discipline.	P8S_WG1	Practical classes	Discuss
Skills (no.)	(Able to)			
1	Communicate on specialist topics to a degree that allows for active participation in the international scientific community.	P8S_UK1	Practical classes	Discuss
2	Organize or participate actively in scientific conferences.	P8S_UK3	Practical classes	Discuss
3	Initiate evidence-based scientific debate.	P8S_UK4	Practical classes	Discuss

4	Participate in scientific discourse.	P8S_UK5	Practical classes	Discuss		
5	Use a foreign language at the B2 level of the Common European Framework of Reference for Languages (CEFR) to a degree that allows for participation in the international scientific and professional environment.	P8S_UK6	Practical classes	Discuss		
Social competence (no.)	(Ready to)					
1	Maintain and develop the ethos of research and creative environments, including: – conducting scientific activity in an independent manner, – respecting the principle of public property of scientific activity results, taking into account the principles of intellectual property protection.	P8S_KR1	Practical classes	Discuss		
LEARNING FORMAT – NUMBER OF HOURS						
Semester (no.)	Lectures	Seminars	Lab classes	Internships	others	ECTS
III	--	6	---	--	--	1
METHODS OF INSTRUCTION						
Discussion, seminars						
COURSE CONTENT						
<ol style="list-style-type: none"> 1. Methods of dealing with stress 2. The importance of body language during public speaking. Basics of rhetoric. 3. Practical exercises: body language and voice modulation. 4. Developing a plan/structure for the type of speech and audience. 5. Recording of the speech - analysis of body language, voice and content of the speech. 6. Public speaking. 						
COURSE ASSESSMENT CRITERIA						
Public speech at a scientific conference						
TOTAL PhD STUDENT WORKLOAD REQUIRED TO ACHIEVE THE INTENDED LEARNING OUTCOMES – NUMBER OF HOURS AND ECTS CREDITS						

Activity	Number of hours
Scheduled course contact hours	6
Other contact hours involving the teacher (consultation hours, examinations)	---
Non-contact hours – student`s own work (preparation for classes or examinations, project, etc.)	10
Total number of hours	16
Total number of ECTS credits	1

INSTRUCTIONAL MATERIALS

Compulsory literature:	<ol style="list-style-type: none"> 1. Wasylczyk P. Prezentacje naukowe: praktyczny poradnik dla studentów, doktorantów i nie tylko. PWN, Warszawa 2021 2. Orłoś M. O sztuce wystąpień publicznych. Wydawnictwo RM, Warszawa 2018
Complementary literature:	<ol style="list-style-type: none"> 1. Bleind B. Sztuka prezentacji i wystąpień publicznych. Wydawnictwo RM, Warszawa 2010 2. Kutnij Przemysław. Sztuka autoprezentacji i wystąpień publicznych: na żywo i on- line. PWN, Warszawa 2021