

A COURSE SYLLABUS – DOCTORAL SCHOOL
REGARDING THE QUALIFICATION CYCLE FROM 2022 TO 2024

GENERAL INFORMATION ABOUT COURSE				
Course title	Public speaking			
Name of the unit running the course	Doctoral School at University of Rzeszów			
Type of course (<i>obligatory, optional</i>)	obligatory			
Year and semester of studies	II/III			
Discipline	nutrition and food technology			
Language of Course	polish/english			
Name of Course coordinator	Prof. dr hab. Izabela Sadowska-Bartosz			
Name of Course lecturer	Prof. dr hab. Izabela Sadowska-Bartosz			
Prerequisites	-			
BRIEF DESCRIPTION OF COURSE (100-200 words)				
The aim of the classes is to gain practical knowledge of the principles of preparing, writing, practicing and conducting public speaking. During the classes, students will learn to overcome stage fright and properly prepare a plan and structure of a speech. Through practical exercises, they will improve the quality of their public speaking.				
COURSE LEARNING OUTCOMES AND METHODS OF EVALUATING LEARNING OUTCOMES				
Learning outcome	The description of the learning outcome defined for the course	Relation to the degree programme outcomes (symbol)	Learning Format (Lectures, classes,...)	Method of assessment of learning outcomes (e.g. test, oral exam, written exam, project,...)
Knowledge (no.)	(Knows and understands)			
1	To an extent that makes it possible to revise existing paradigms – global achievements, including theoretical foundations and general issues and selected detailed issues – specific to a given scientific or artistic discipline.	P8S_WG1	Practical classes	oral presentation
Skills (no.)	(Able to)			
2	Communicate on specialist topics to a degree that allows for active participation in the international scientific community.	P8S_UK1	Practical classes	oral presentation
3	Organize or participate actively in scientific conferences.	P8S_UK3	Practical classes	oral presentation
4	Initiate evidence-based scientific debate	P8S_UK4	Practical classes	oral presentation
5	Participate in scientific discourse.	P8S_UK5	Practical classes	oral presentation
6	Use a foreign language at the B2 level of the Common European Framework	P8S_UK6	Practical classes	oral presentation

	of Reference for Languages (CEFR) to a degree that allows for participation in the international scientific and professional environment.					
Social competence (no.)	(Ready to)					
7	Maintain and develop the ethos of research and creative environments, including: - conducting scientific activity in an independent manner, - respecting the principle of public property of scientific activity results, taking into account the principles of intellectual property protection.	P8S_KR1	Practical classes			oral presentation
LEARNING FORMAT – NUMBER OF HOURS						
Semester (no.)	Lectures	Seminars	Lab classes	Internships	others Practical classes	ECTS
III	-	-	-	-	6	1
METHODS OF INSTRUCTION						
Practical classes – multimedia presentation, discussion						
COURSE CONTENT						
<p>The subject is designed to prepare the student for public speaking. By analyzing existing strengths and weaknesses, the most advantageous ways of presenting one's views are selected.</p> <p>Based on the literature on the subject and speeches on food technology and nutrition, the basic elements of the construction and presentation of public speeches are presented.</p> <p>An important element of the classes is learning the structure, form and the most important components of public speaking and practicing them in a group forum.</p>						
COURSE ASSESSMENT CRITERIA						
<p>Public presentation at a scientific conference, graded on the basis of a submitted report with an accompanying abstract of the presentation. Assessment: preparation of the presentation, the form of delivery of the presentation (clarity, lucidity), the ability to answer questions.</p> <p>Grade 5.0 - very good preparation of the presentation, very good form of oral presentation, very good answers to the questions asked.</p> <p>Grade 4.5 - above good preparation of presentation, above good form of oral presentation, above good ability to answer the questions asked</p> <p>Grade 4.0 - good preparation of presentation, good form of oral presentation, good ability to answer the questions asked</p> <p>Grade 3.5 - above average preparation of presentation, above average form of oral presentation, above average ability to answer questions</p> <p>Grade 3.0 - sufficient preparation of presentation, sufficient form of oral presentation, sufficient ability to answer questions.</p>						
TOTAL PhD STUDENT WORKLOAD REQUIRED TO ACHIEVE THE INTENDED LEARNING OUTCOMES – NUMBER OF HOURS AND ECTS CREDITS						
Activity				Number of hours		

Scheduled course contact hours	6
Other contact hours involving the teacher (consultation hours, examinations)	6
Non-contact hours – student`s own work (preparation for classes or examinations, project, etc.)	13
Total number of hours	25
Total number of ECTS credits	1

INSTRUCTIONAL MATERIALS

Compulsory literature:	Public speaking online.
Complementary literature:	-