

SYLLABUS

REGARDING THE QUALIFICATION CYCLE FROM 1ST OCTOBER 2024 TO JUNE 2025
ACADEMIC YEAR 2024/25

1. BASIC COURSE/MODULE INFORMATION

Course/Module title	Interpersonal and Medical Communication
Course/Module code *	
Faculty (name of the unit offering the field of study)	Medical College of Rzeszow University
Name of the unit running the course	Institute of Health Sciences
Field of study	Dietetics
Qualification level	Undergraduate
Profile	Practical
Study mode	Stationary studies
Year and semester of studies	1 st year 1 st semester
Course type	General background
Language of instruction	English
Coordinator	Anna Bartosiewicz PhD
Course instructor	Anna Bartosiewicz Ph.D

* - as agreed at the faculty

1.1. Learning format – number of hours and ECTS credits

Semester (no.)	Lectures	Classes	Laboratories	Seminars	Practical classes	Internships	others	ECTS credits
1	10	-	-	-	-	-	-	4

1.2. Course delivery methods

- conducted in a traditional way

- involving distance education methods and techniques

1.3. Course/Module assessment (exam, pass with a grade, pass without a grade)

PASS WITH GRADE

2. PREREQUISITES

Basic knowledge of sociology and psychology

3. OBJECTIVES, LEARNING OUTCOMES, COURSE CONTENT, AND INSTRUCTIONAL METHODS

3.1. Course/Module objectives

O ₁	Introducing students to selected concepts and current theoretical trends in interpersonal and medical communication.
O ₂	Presenting the principles related to the use of interpersonal communication in effective patient communication.
O ₃	Learning tools facilitating both interpersonal and medical communication.

3.2. COURSE/MODULE LEARNING OUTCOMES (TO BE COMPLETED BY THE COORDINATOR)

Learning Outcome	The description of the learning outcome defined for the course/module	Relation to the degree programme outcomes
LO_o1	The student knows the principles of international communication.	K_Wo1
LO_o2	The student knows the essence and importance of communication with the patient.	K_Wo5
LO_o3	The student knows the psychological conditions of contact with a patient.	K_Wo1, K_Wo5
LO_o4	The student is ready to perform appropriate methods and tools, including advanced information and communication techniques during interpersonal and medical communication.	K_Ko1

3.3. Course content (to be completed by the coordinator)

A. Lectures

Content outline
Selected topics in interpersonal communication and patient communication. Communication in health and nutrition education.
Verbal and non-verbal communication.
The essence of the communication process.
Barriers and errors in communication.
The art of effective listening – the foundation of effective interpersonal communication and patient communication.
Assertiveness – as the basis for properly conducted interpersonal communication and patient communication.
Emotional intelligence as the basis for effective communication.

Contemporary methods of interpersonal communication and patient communication.

B. Classes, laboratories, seminars, practical classes

Content outline

Not applicable

3.4. Methods of Instruction

e.g.

Lecture: a problem-solving lecture/a lecture supported by a multimedia presentation/ distance learning

Classes: text analysis and discussion/project work (research project, implementation project, practical project)/ group work (problem solving, case study, discussion)/didactic games/ distance learning

Laboratory classes: designing and conducting experiments

LECTURE: a problem-solving lecture supported by a multimedia presentation.

4. Assessment techniques and criteria

4.1 Methods of evaluating learning outcomes

Learning outcome	Methods of assessment of learning outcomes (e.g. test, oral exam, written exam, project, report, observation during classes)	Learning format (lectures)
LO_01	WRITTEN/ORAL EXAM	LECTURE
LO_03	WRITTEN/ORAL EXAM	LECTURE
LO_03	WRITTEN/ORAL EXAM	LECTURE
LO_04	WRITTEN/ORAL EXAM	LECTURE

4.2 Course assessment criteria

Grades will be determined on the following:

- Assignments: 20 %
- Midterm Exam: 20%
- Attendance and attitude: 20%
- Final Exam: 40%

Total: 100%

Grading:

A* = 100- 95%

A= 94- 90%

B* = 89- 85%

B= 84- 80%

C* = 79- 75%

C= 74- 70%

D* = 69- 65%

D= 64- 60%

F = < 60%

Attendance: Students will be expected to attend all scheduled classes. Unexcused absences and being late for a class will result in penalty points.

5. Total student workload needed to achieve the intended learning outcomes – number of hours and ECTS credits

Activity	Number of hours
Course hours	10
Other contact hours involving the teacher (consultation hours, examinations)	5
Non-contact hours - student's own work (preparation for classes or examinations, projects, etc.)	90
Total number of hours	100
Total number of ECTS credits	4

* One ECTS point corresponds to 25-30 hours of total student workload

6. Internships related to the course/module

Number of hours	Not applicable
Internship regulations and procedures	Not applicable

7. Instructional materials

Compulsory literature:

- Stewart J. Bridges not Walls. A book about interpersonal communication. McGRAW-HILL EDUCATION 2011.
- Daniel Goleman. EMOTIONAL INTELIGENCE. BLOOMSBURY 2023

- Van Servellen Gwen. Communication Skills for the Health Care Professional: Context, Concepts, Practice, and Evidence. Jones & Bartlett Pub Inc. 2019
- Janos Pillig. Medical Communication in Practice. Schenk, Passau, 2021

Complementary literature:

- Michael P Pagano. Communication Case Studies for Health Care Professionals. Springer Publishing 2014.
- Heritage John. Communication in Medical Care. CAMBRIDGE UNIVERSITY PRESS 2006.
- Jonathan Silverman. Skills for Communicating with Patients. Taylor & Francis Ltd, 2013.
- Deborah Dalley. Developing Your Assertiveness Skills and Confidence in Your Communication to Achieve Success. Universe of Learning Ltd. 2013

Approved by the Head of the Department or an authorised person