Appendix No. 1.5 to the Resolution No. 7/2023  
of the Rector of the University of Rzeszów

**SYLLABUS**

**regarding the qualification cycle FROM 2024TO 2025**

**Academic year 2024/2025**

1. Basic Course/Module Information

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| --- | --- |
| Course/Module title | BASIC NURSING CARE |
| Course/Module code \* | *-* |
| Faculty (name of the unit offering the field of study) | Medical College of Rzeszow University |
| Name of the unit running the course | Institute of Health Sciences |
| Field of study | Nursing |
| Qualification level | I level |
| Profile | Practical |
| Study mode | Stationary |
| Year and semester of studies | 2023/2024 |
| Course type | Optional |
| Language of instruction | English |
| Coordinator | Aneta Lesiak, PhD |
| Course instructor | Aneta Lesiak, PhD |

\* - as agreed at the faculty

1.1.Learning format – number of hours and ECTS credits

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Semester  (n0.) | Lectures | Classes | Colloquia | Lab classes\* | Seminars | Practical classes | Internships | others | **ECTS credits** |
|  | 5 |  |  | 25 |  |  |  |  | 6 |

\* Simulation Center

1.2. Course delivery methods

- conducted in a traditional way

- involving distance education methods and techniques

1.3. Course/Module assessment (exam, pass with a grade, pass without a grade)

2. Prerequisites

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| The basics in the field of psychology and sociology. |

3. Objectives, Learning Outcomes, Course Content, and Instructional Methods

3.1. Course/Module objectives

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| --- | --- |
| O1 | The aim of the course is to provide students with practical skills in the field of procedures performed in nursing practice. |

3.2. Course/Module Learning Outcomes (to be completed by the coordinator)

|  |  |  |
| --- | --- | --- |
| Learning Outcome | The description of the learning outcome  defined for the course/module | Relation to the degree programme outcomes |
| LO\_01 | KNOWLEDGE: student is able to:  1. Student describes the rules for accepting, implementing and documenting medical orders by nurses and midwives  2. Student describes the principles of administration of drugs by the route intravenou (injection).  3. Student describes how to deal with exposure to blood and other potentially infectious material |  |
| LO\_02 | SKILLS: student is able to:  1. Student can perform basic medical procedures, including: Preparing medications for administration and injection solutions.  2. Student can perform basic medical procedures, including: intravenous injections, collecting of peripheral venous blood, collecting blood specimens for smear, collecting arterialized capillary blood, and intravenous drip infusions.  3. Student documents the performed procedures |  |
| LO\_03 | SOCIAL COMPETENCES :  1. Student is able to cooperate in a team and use techniques of active listening to empathy and building trust.  2.Student applies ethical standards related to data security, regulatory requirements, confidentiality and patients right to privacy.  3. The student shows professionalism, including responsibility, care for appearance, behavior and respect for self and others, and care for professional boundaries with patients and families, and between members of the therapeutic team. |  |

**3.3. Course content (to be completed by the coordinator)**

1. Lectures

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| Content outline |
| 1. Rules and regulations of nursing practice: physicians orders,  documentation, the risk of adverse events associated with drugs administration |
| 2. Principles of administering drugs by intravenous route and management after exposure to blood and other potentially infectious material. |
| 3. Ethical dilemmas in medicine and nursing. |

1. Classes, tutorials/seminars, colloquia, laboratories, practical classes

|  |
| --- |
| Content outline |
| 1. Preparation of medicines for administration and solutions for injections. |
| 2. Cannulation of peripheral veins, administrating medication  by intravenous bolus and infusion. |
| 3. Collecting blood, culture specimen by venipuncture and collecting arterialized capillary blood |
| 4. Documenting the activity performed. |

3.4. Methods of Instruction

e.g.

*Lecture: a problem-solving lecture/a lecture supported by a multimedia presentation/ distance learning*

*Classes: text analysis and discussion/project work (research project, implementation project, practical project)/ group work (problem solving, case study, discussion)/didactic games/ distance learning*

*Laboratory classes: designing and conducting experiments*

Lecture: multimedia presentation.

Laboratory classes: demonstration and exercises

4. Assessment techniques and criteria

4.1 Methods of evaluating learning outcomes

|  |  |  |
| --- | --- | --- |
| Learning outcome | Methods of assessment of learning outcomes (e.g. test, oral exam, written exam, project, report, observation during classes) | Learning format (lectures, classes,…) |
| LO-01 | Test | lecture |
| LO-o2 | Practical exercises  Teaching at the patient’s bedside  Demonstration of all (100%) practical skills included in the curriculum  Observation during classes | Lab classes |
| LO-o3 | Observation during classes | Lab classes |

4.2 Course assessment criteria

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| --- |
| Test  Active participation in lectures and classes  Demonstration of all (100%) practical skills included in the curriculum  Compliance with the regulations of nursing skills lab |

5. Total student workload needed to achieve the intended learning outcomes

– number of hours and ECTS credits

|  |  |
| --- | --- |
| Activity | Number of hours |
| Scheduled course contact hours | 30 |
| Other contact hours involving the teacher (consultation hours, examinations) | 5 |
| Non-contact hours - student's own work (preparation for classes or examinations, projects, etc.) | 10 |
| Total number of hours | 40 |
| Total number of ECTS credits | 3 |

6. Internships related to the course/module

|  |  |
| --- | --- |
| Number of hours | *-* |
| Internship regulations and procedures | *-* |

7. Instructional materials

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| Compulsory literature:  1. Perry A. G., Potter P. A., Ostendorf W — Nursing Interventions & Clinical Skills, St. Louis, 2015, Mosby;  2. deWit S. C., ONeil P. A — Fundamental Concepts and Skills for Nursing, Philadelphia, 2013, Saunders. |
| Complementary literature:  1. ELSEVIER. Mosby's Nursing Video Skills – Basic. Administering a Cleansing Enema https://www.ndsu.edu/pubweb/bismarcknursing/basic/index.html ;  2.Nursing Video Skills – Advanced <https://www.ndsu.edu/pubweb/bismarcknursing/advanced/index.html>  1. [Bioethics: A Nursing Perspective - Megan-Jane Johnstone - Google Książki](https://books.google.pl/books?hl=pl&lr=&id=Z_uRDwAAQBAJ&oi=fnd&pg=PP1&dq=nursing+ethical+&ots=QiNK7M14IY&sig=CStvLXlVdptoJgbDFaEHqPlnmh0&redir_esc=y#v=onepage&q=nursing%20ethical&f=false)  2.[Nursing Ethics and Professional Responsibility in Advanced Practice - Google Książki](https://books.google.pl/books?hl=pl&lr=&id=1OQlDgAAQBAJ&oi=fnd&pg=PR1&dq=nursing+ethical+&ots=eNLwMaAsv2&sig=uSWbNCAj1GzkPZKD3-ebWjZJOP8&redir_esc=y#v=onepage&q=nursing%20ethical&f=false)  3. [Professional Nursing E-Book: Concepts & Challenges - Beth Black - Google Książki](https://books.google.pl/books?hl=pl&lr=&id=J1GfDwAAQBAJ&oi=fnd&pg=PP1&dq=nursing+ethical+&ots=aMGIKdJSQ_&sig=gR4aJJPPjT2WJekESWNpyzbJRXk&redir_esc=y#v=onepage&q=nursing%20ethical&f=false) |

Approved by the Head of the Department or an authorised person