**SYLLABUS**

**regarding the qualification cycle FROM 2024TO 2029**

1. Basic Course/Module Information

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| --- | --- |
| Course/Module title | Pedagogy of leisure |
| Course/Module code \* |  |
| Faculty (name of the unit offering the field of study) | College of Social Sciences |
| Name of the unit running the course | Institute of Education (Pedagogy) |
| Field of study | Education, Sociology |
| Qualification level | BA, MA |
| Profile | *General academic* |
| Study mode | Full- time |
| Year and semester of studies | 2024/25 winter semester |
| Course type | Classes |
| Language of instruction | English |
| Coordinator | Bernadeta Botwina, PhD |
| Course instructor | Bernadeta Botwina, PhD |

\* - as agreed at the faculty

1.1.Learning format – number of hours and ECTS credits

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Semester  (n0.) | Lectures | Classes | Colloquia | Lab classes | Seminars | Practical classes | Internships | others | **ECTS credits** |
| 1 |  | 10 |  |  |  |  |  |  | 3 |

1.2. Course delivery methods

- conducted in a traditional way

- involving distance education methods and techniques

1.3. Course/Module assessment (exam, pass with a grade, pass without a grade)

pass with a grade

2. Prerequisites

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| Basic knowledge of pedagogy |

3. Objectives, Learning Outcomes, Course Content, and Instructional Methods

Acquainting students with basic concepts concerning free time and pedagogy, intentional and natural educational environments, process of education and socialization.

Acquainting students with contemporary problems connected with rational using free time.

Preparing students to skilful and valuable ways of spending free time. The knowledge will be presented through lectures with discussion.

3.1. Course/Module objectives

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| --- | --- |
| O1 | Getting acquainted with basic notions in pedagogy of leisure |
| O2 | Acquiring skills to classify contemporary forms of leisure, |
| O3 | Acquiring the skill of using knowledge to design the didactic and educational process in terms of leisure time |

3.2. Course/Module Learning Outcomes (to be completed by the coordinator)

|  |  |  |
| --- | --- | --- |
| Learning Outcome | The description of the learning outcome  defined for the course/module | Relation to the degree programme outcomes |
| LO\_01 | The students willdefine forms of leisure |  |
| LO\_02 | Students will demonstrate knowledge of rules for safe realization of theory in educational practice; |  |
| LO\_03 | Students will develop skills in health and moral sensitivity in terms of leisure |  |
| LO\_o4 | The student will be able to apply the methods to plan the personal development during leisure time; |  |

**3.3. Course content (to be completed by the coordinator)**

1. Classes

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| Content outline |
| Main notions in pedagogy of leisure |
| Isolating free time from budget of time |
| Essence and conditions of good rest |
| Educational, health and culture importance of fun |
| Educational importance of self development in free time |
| Contemporary ways of spending free time |
| Young people’s use of digital technologies in free time |
| Using cultural institutions as contemporary form of spending free time  Symptoms of improper ways of spending free time; Education for holiday |
| Role of intentional and natural educational environments in process of education and socialization in free time |
| Youth organizations as special education institutions for the holiday |

3.4. Methods of Instruction

*Project, group work, discussion*

4. Assessment techniques and criteria

4.1 Methods of evaluating learning outcomes

|  |  |  |
| --- | --- | --- |
| Learning outcome | Methods of assessment of learning outcomes (e.g. test, oral exam, written exam, project, report, observation during classes) | Learning format (lectures, classes,…) |
| LO-01 | Observation during classes, project | classes |
| LO-o2 | Observation during classes, project | classes |
| LO-03 | Observation during classes, project | classes |
| LO-04 | Observation during classes, project | classes |

4.2 Course assessment criteria

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| Active participation in classes, preparing a presentation connected with a chosen topic. |

5. Total student workload needed to achieve the intended learning outcomes

– number of hours and ECTS credits

|  |  |
| --- | --- |
| Activity | Number of hours |
| Scheduled course contact hours | 10 |
| Other contact hours involving the teacher (consultation hours, examinations) | 5 |
| Non-contact hours - student's own work (preparation for classes or examinations, projects, etc.) | 60 |
| Total number of hours | 75 |
| Total number of ECTS credits | 3 |

\* One ECTS point corresponds to 25-30 hours of total student workload

6. Internships related to the course/module

|  |  |
| --- | --- |
| Number of hours | Not required |
| Internship regulations and procedures | Not required |

7. Instructional materials

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| Compulsory literature:  Cernikov I. A.., Pedagogy of leisure as a direction in modern socio-cultural education and upbringing, 2020 Grossi E., The Psychological Impact of Leisure and Rehabilitation Activities in Children and Adolescents With Autism: A Delphi Approach, Qeios, 2024Dattilo J., Leisure Education Program Planning, 2015 |
| Complementary literature:  Russel., R.V., Pasttimes Context of contemporary leisure,Illinois,2009  Sayres., King C., Entertainments and society- influences, impacts and innovations, New York 2010 |

Approved by the Head of the Department or an authorised person