



Carl Wickham-Downes is a highly experienced Lecturer who has worked in the further and higher education sectors, managing, and delivering professional and leadership qualifications and development programmes up to postgraduate level for awarding bodies such as the Chartered Management Institute (CMI), the Institute of Leadership and Management (ILM), and the Chartered Institute of Personnel Development (CIPD). In addition to his lecturing role, Carl is also an experienced executive coach and consultant. Carl's extensive travels over the past fifteen years, including within the former 'Eastern Bloc', have shaped his perspective as an observer of human rights. He draws his perspective mainly from primary research and 'eye-opening' first-hand experiences of formerly and currently oppressive regimes. When not working, Carl is a dedicated equestrian. At home, he can be found with his wife Madelaine, working with their small herd of four horses in disciplines such as dressage and cross country. Carl is an avid ultra runner and has taken part in events all over the world.